

Schedule A: Rules and Regulations for Use of GYM during COVID-19

Before accessing and using Gym Facilities:

- All attendees must sign the attached waiver
- No attendee in the gym facilities may be someone who:
 - Is currently feeling sick or is exhibiting any symptoms of COVID-19;
 - Has been in contact with anyone with COVID-19 in the last 14 days;
 - Is currently required to be in isolation or quarantine;
 - Cares for someone who has or is exhibiting symptoms of COVID-19; or
 - Has returned from anywhere outside of Canada within the last 14 days
- All attendees must book on the Amenity Booking System and indicate the number of attendees from their household who will be attending the facilities at the designated time
- Arrive at the gym facilities no more than 10 minutes ahead of the designated time
- All attendees must wash their hands immediately before entering the gym facilities or, if services are available, immediately upon entering the gym facilities
- Keep personal effects and items (towels, over clothes, etc.) to a minimum and store in a bag away from other attendees' items
- A maximum of **2 people** are permitted in the gym facilities at any one time in order to maintain physical distancing. Physical distancing means maintaining a distance of at least 2 metres (6 feet) or more between persons.
- Always maintain physical distancing when entering or exiting the gym facilities.

Using the Gym Facilities:

- Maintain physical distancing from other attendees (no hugs, high fives, handshakes, etc.)
- Observe any and all physical and visual cues in the gym and in the changing room facilities
- No food may be brought into or consumed in the gym facilities except bottled water

After Using the Gym Facilities:

- Respect the time allotted to your/your household's use of the facilities and ensure prompt departure from the facilities to facilitate access to the gym by other attendees
- Remove any and all personal items brought into the gym
- Clean and disinfect any equipment used by you/your household with products available.
- Wash your hands with soap and water or hand sanitizer before entering the hallways or elevators of the building.